# Results of H-Buddhism Inquiry about “Effective videos/youtube clips for teaching Buddhism?”

(The following is a compiled list of movies/videos/You Tube clips/online lectures that H-Buddhism subscribers recommended in response to my query about effective audiovisual material for teaching Buddhism. In many instances, I have quoted H-Buddhism subscriber’s comments about what they found useful about a given video. Many thanks to everyone who responded to my query. Sarah Jacoby, Northwestern University, April 7, 2012)

Order of resources:

1. Films

History of Buddhism in India/ General Buddhism

Chinese Buddhism

Japanese Buddhism

Southeast Asian Buddhism

Tibetan/ Himalayan Buddhism

Buddhism in the West

2. Lectures on Buddhism (audio and video)

3. YouTube clips (not topically organized)

General resources:

The Buddhist Film Foundation http://www.buddhistfilmfoundation.org/

# 1. FILMS

## History of Buddhism in India/ General Buddhism

Bhikkhuni: Revival of the Women's Order, A documentary about Buddha's forgotten nuns, Wiriya Sati and Katrina Lucas

<http://www.bhikkhunidocumentary.com/?page_id=8>

Buddha - A Documentary About Buddhism, David Grubin

For more information, see http://www.pbs.org/thebuddha/

Buddha Realms, A film by Mark Edmondson for Australian Broadcasting Corp. (2007)

“A general survey of Buddhism”; for more information see

http://filmakers.com/index.php?a=filmDetail&filmID=1172

Compassion and Wisdom, dir. James Zito (<http://www.vajravideo.com/>)

“about the bodhisattva archetype, includes interviews with (among others) Lewis Lancaster, Tai Situ Rinpoche, Robert Aitken Roshi, John Daido Loori Roshi, Robert Thurman, Donald Lopez, B. Alan Wallace, Chökyi Nyima Rinpoche, Tsultrim Allione, Ven. Robina Courtin, Taigen Daniel Leighton, David W. Chappell, Jakusho Bill Kwong Roshi, and even His Holiness the Dalai Lama.”

Life of Buddha, French/English film by Martin Meissonnier (2004).

<http://www.youtube.com/watch?v=zFbjDcz_CbU&feature=related>

## Chinese Buddhism

Amongst White Clouds: Buddhist Hermit Masters of China's Zhongnan Mountains/ Burger, Edward A., dir. / (Cosmos Pictures/Festival Media, 2007)

“It takes an intimate look at the lives of Chan hermits--including one

woman--in the mountains of China.  Not only does it depict the

living-out of Buddhist principles in daily life, but it is gorgeous to

look at.”

“These pieces show life in contemporary hermitages and monasteries in mainland China, and he gets some good interview footage. The voice-over is designed for a very general audience, but this can be supplemented by course materials.”

Also by Edward Burger, His Dreaming Buddha’s project

http://www.commonfolkfilms.com/HOME.html

To the Land of Bliss, by Wen-Jie Qin

## Japanese Buddhism

"Enlightenment Guaranteed"

“a comedy about Zen, recommended starting from ~ min 50 / 6th chapter”

<http://www.amazon.com/Enlightenment-Guaranteed-Uwe-Ochsenknecht/dp/B002CO78ZC/ref=sr_1_1?ie=UTF8&qid=1323447374&sr=8-1>

Fancy Dance, by the well-known Masayuki Suo.

“I would add that, with all due respect, a good balance to “Principles

and Practices of Zen” is Fancy Dance. It is widely available with subtitles.”

“The Gatekeeper of Enmyion—according to 95-year old female Buddhist priest" <http://www.mrex.org/>

“In my Intro Buddhism class it sparked fruitful discussions on issues related to "religion and modernity." More specifically, we discussed the politics of different local temples vis-a-vis larger Buddhist organizations

("The gatekeeper" belongs to Shingon now), issues of patronage, the

variety of women's life choices (or lack thereof) both in Japan and

the US. The story is narrated and directed by a Japanese-American

couple, who return "home" and are discovering what that means to them,

so also issues of assimilation/acculturation as a result of

immigration arise. At points it does feel a bit long--and probably

could have been edited to make a shorter film, but it is well worth

the time to watch it.”

"Inquiry Into the Great Matter", directed by James Zito

([http://www.historyofzendvd.com](http://www.historyofzendvd.com/))

“a history of Zen Buddhism; What's especially terrific about

these films (James Zito’s films including this and “Compassion and Wisdom”) is that they include great quantity and quality interviews with both scholars and practitioners.”

Principles and Practices of Zen

“In the first half, the viewer is confronted with the harshness of the monastery atmosphere during rohatsu sesshin.”

“The documentary Principles and Practices of Zen, while not

flawless, is the best documentary on Zen that I know of. In the

first half, the viewer is confronted with the harshness of the

monastery atmosphere during rohatsu sesshin.”

The Marathon Monks of Mount Hiei / Hayden, Christopher, dir./ (Documentary Educational Resources, 2007)

“an abbreviated version of a similar film on the marathon monks of Mount Hiei is also available at: <http://www.youtube.com/watch?v=S06oMxdt40A>

Shugendo Now, Mark McGuire

“This feature documentary is an experiential journey into the mystical practices of Japanese mountain asceticism. In Shugendô (*The Way of Acquiring Power*), practitioners perform ritual actions from shamanism, “Shintô,” Daoism, and Tantric Buddhism.”

Walking Pilgrims / Mendel, Tommi, dir. (Documentary Educational Resources, 2006)

Zen: In Search of Enlightenment (1994)

“This NHK documentary program follows the training of a monk at the Shogenji Zen Monastery to present the practices of Zen, the Japanese form of Buddhism. This approach to life which emphasizes discipline, self-effacement, single-minded devotion to a goal and unquestioning obedience to one’s superior. Expression of this search for satori (enlightenment) in the arts is also described. Written and directed by Toshimaro Ama.”

## Southeast Asian Buddhism

"Buddha's Lost Children" directed by [Mark Verkerk](http://www.amazon.com/s?ie=UTF8&search-alias=dvd&ref=dp_dvd_bl_dir&field-keywords=Mark%20Verkerk)

“The film concerns the lives of young novices at the

dangerous borderlands of Northern Thailand under the extraordinary

tutelage of a former Muay Thai (kickboxing) champion turned monk named

Kru Bah and his female assistant.  It is a riveting film that goes a

long way toward helping us to see how the sangha - far from being an

institution predicated on the notion of renouncing the family -

actually functions to reconstitute it.  It also portrays an image of

monks and novices as 'real' people and thus works to challenge popular

media images that effectively render Buddhist monks as existing in a

timeless perpetual state of calm, quiet, serene, enlightenment.”

"Burma VJ"

“documentary/reconstruction of events associated with the 2007 protests in Burma”

"Keepers of the Faith"

“a 1996 documentary by Hiroko Kawanami dealing with nuns (thila shin) in the famed Sagaing Hills near Mandalay”

"Mekhong Full Moon Party"

“a 2002 Thai film that raises all sorts of interesting questions about modernity and tradition”

Vejen, "The Way,"

“a short film (20 mins or so) which beautifully portrays the Shinbyu, but I don't know if this film is widely available. The University of Michigan owns a copy on 16 mm film or something.”

## Tibetan/Himalayan Buddhism

Crazy Wisdom: The Life & Times of Chogyam Trungpa Rinpoche

The Trailor: <http://www.youtube.com/watch?v=80jGSadccmY>

In Search of Zhangzhung/, a film included within the following book: Geshe Gelek Jinpa, Charles Ramble, Carroll Dunham, and Thomas Kelly, /Sacred Landscape and Pilgrimage in Tibet: In Search of the Lost Kingdom of Bon /(New York: Abbeville Press, 2005)

“My Reincarnation,” directed by Jennifer Fox.

“Namkai Norbu teaching in India over twenty years, son (who is tulku) resists role, son becomes teacher in the end.  It was a favorite at the Singapore Buddhist film festival this last year.  It's a very interesting view of Vajrayana's migration to western countries.”

Unmistaken Child

“It really gets the viewer inside the world of Himalayan

Buddhism, in which rebirth is taken for granted and students must

consider the stakes in a rural family giving their son over to a

monastery to be raised as a tulku.”

The unwinking gaze / World in Vision Films presents a film by Joshua Dugdale ; executive producer, Jane Bartlett ; producer and director, Joshua Dugdale, 2008

“An excellent view on the 14th Dalai Lama with a focus on his political stance towards the PRC and his and his envoy’s ongoing efforts to engage PRC officials in productive dialogue. The video does not have a corny voice-over but rather attempts to show, not tell the story of the Dalai Lama, his personality, and what Buddhism means to him. Extensive and poignant footage and information about the 2008 unrest and the Olympics is still very contemporary and relevant.”

"The Trials of Telo Rinpoche" (1994) by Ritu Sarin and Tenzing Sonam.

“The film follows the then 21-year old American and Smashing Pumpkins fan Eddie Ombadykow as he struggles with his destiny when he is recognized by H. H. the Dalai Lama as the reincarnation of a lama who is the spiritual leader of Kalmykia (an obscure and remote location in Southern Russia).  A terrific film for underscoring the transnational dimension of rebirth in Tibetan Buddhism.”

“What Remains of Us”, written and directed by [François Prévost](http://en.wikipedia.org/w/index.php?title=Fran%C3%A7ois_Pr%C3%A9vost&action=edit&redlink=1) and [Hugo Latulippe](http://en.wikipedia.org/w/index.php?title=Hugo_Latulippe&action=edit&redlink=1), 2004. http://www.youtube.com/watch?v=reLqtMb4-e8

“Any course offering a special teaching unit on H. H. the Dalai Lama might also want to consider screening "Ce qu'il reste de nous" ("What Remains of Us") which documents a young Tibetan woman's journey back to her homeland carrying a clandestine video message from the Dalai Lama speaking to Tibetans in Tibet.  It's quite amazing.”

The Wheel of Life: The Central Doctrines of Tibetan Buddhism, produced, written, and photographed by Edward W. Bastian, South Asian Area Center, U. of Wisconsin, 2004

“This video offers a clear and well illustrated description of the significance of all parts of the wheel of life, beginning with video footage of early wheel of life images in India. The video runs through the wheel of life twice, so when I show it I cut it after one full explanation of the wheel, which takes about 20 minutes of class time.”

"Wheel of Time," dir. Werner Herzog

“documents the Kalachakra Initiation that began in 2002 at Bodh Gaya and concluded the following year at Graz, Austria”

## Buddhism in the West

A ZEN LIFE - D.T. Suzuki

Short clip on: <http://www.youtube.com/watch?v=RVp9i4QIUUU>

"Memories of a Previous Life,” directed by Marcel Poulin in 1994.

“The film, a condensé of approximately 70 hours of raw footage, gives viewers an intimate look at everyday life in a major Gelukpa monastic institution through the telling of my story as a Westerner recognized as the reincarnation (sprul sku or "Tulku") of a Tibetan master and then sent to study at Sera Monastery in India. Though it is now somewhat "older," it has been, and still is, used as a teaching tool at a number of institutions. It is available in both English and French. For those interested, I (Elijah Ary) have made the English version available online for free at my still unfinished modest attempt at a website:

<http://www.tenzintulku.com/index.php/media-appearances>

The Trap

<<http://onf-nfb.gc.ca/eng/collection/film/?id=56200>>/LA TRAPPE --

a bilingual documentary short about animal release and Buddhism in the

West. The film is 19 minutes and produced/distributed by the National

Film Board of Canada. (The version with French subtitles can be

watched online for free here <<http://www.onf.ca/film/la_trappe>>

(the following is not a film but radio show from 1949):

Green Lama radio show <<http://www.otrcat.com/green-lama-p-1347.html>>

“is a fun way to demonstrate fantasies of Tibet. The comic book covers, easily available at various sites, are a good visual resource. See the blurb below. I would also note that bad films are a great resource for teaching critical self-consciousness.”

Useful websites regarding socially engaged Buddhism in the west (there are many more but the following give a general sense of some of the diversity within socially engaged Buddhist movements in the West:

<http://zenpeacemakers.org/videos/> (contains videos about Bernie Glassman and the Zen Peacemaker Order)

<http://www.prisondharmanetwork.org/>

<http://www.bpf.org/> (Buddhist Peace Fellowship)

<http://www.umassmed.edu/content.aspx?id=41252> (Jon Kabat-Zinn, Center for Mindfulness in Medicine, Health Care, and Society)

# 2. LECTURES on Buddhism (audio and video)

Bronzes of the Ancient Buddhist Kingdon of Gilgit: A lecture by Oskar

von Hinüber, Professor Emeritus, University of Freiburg

<http://www.youtube.com/watch?v=NqO4dh42q2o>

Gregory Schopen's The Buddha as a Businessman: Economics and Law in an

Old Indian Religion <http://www.uctv.tv/search-details.aspx?showID=16444>

Lewis Lancaster’s Burke Lecture: Buddhism in aGlobal Age of Technology

<http://www.youtube.com/watch?v=cX2f6QHkU-I>

Institute of Buddhist Studies' website

A growing collection of audio and video files of lectures and other events

See: <http://podcast.shin-ibs.edu/>

The Society for the Promotion of Buddhism (BDK)

contains a 51-series video program (each 15 minutes long)

<http://www.dharmanet.org/videobdkMSL.htm>

<http://www.dharmanet.org/index.htm>

# 3. YOUTUBE CLIPS (in no order)

YouTube clip version of Altar of Fire, Fritz Staal <http://www.youtube.com/watch?v=R130ogJ4JqI>

“This 9 minute clip from Staal’s much longer video “Altar of Fire” can help students get a glimpse of Vedic ritual and the way that the Vedas were transmitted orally from teacher to disciple. This can be shown in the early phase of an Intro Buddhism class to give an image of Vedic Brahmanism.”

YouTube: The Ancient Tradition of Morning Alms-giving

<http://www.youtube.com/watch?v=qWSAwOPibOw>

“An excellent 2-minute video of monks from Laos going on their morning alms rounds- works well in a discussion of the Buddhist sangha, the relationship between monastics and the laity, and merit making activities.”

"Dhammatube" channel on Youtube:

<http://www.youtube.com/user/dhammatube>

The blurb on the right hand side of the Dhammatube "homepage" says:

*These clips show a lot of the sometimes raw inside of the world of meditation practice. Many clips are autobiographical experiences with meditation, meditation techniques or meditation teachers, some take stands on controversial points.*

*While some of the people interviewed are well-known teachers, many are unknown publicly.*

Self-immolating monk in Vietnam War.

<http://www.youtube.com/watch?v=vzYZZ9ncKDI>

“I've used it in segments on Buddhism in America, Engaged Buddhism, and, unfortunately, contemporary Tibetan acitivism.”

Clip from *Lost Horizon* (1937):

<http://www.youtube.com/watch?v=rt79tqEzt1o>

“I use it in Tibetan Buddhism, Buddhism, and as a complement to close reading of Donald Lopez' *Prisoners of Shangri-la*, Intro and Chapter 1.”

<http://www.youtube.com/watch?v=exZiswZt7NE&feature=related>

<http://www.youtube.com/watch?v=Hmi7v0Zp9ko&feature=related>

<http://www.youtube.com/watch?v=aMKNDZUiY0A>

“For my course in Buddhist art, I have a section on the evolution of computer models of mandalas”

Sanzen - Zen student meets the Zen master

<http://www.youtube.com/watch?v=sjyqGnWGftE>

Description: "In Sanzen the student presents his/her understanding in

front of the Zen master. This rare footage was filmed at Sogenji Zen

monastery in 2004." One scholar noted: (I’ve used this to supplement the long video \*Zen: In Search of Enlightenment\*).

<http://www.youtube.com/watch?v=S06oMxdt40A>

On Shugendo "marathon monks"

The Marathon Monks of Mount Hiei abbreviated version: <http://www.youtube.com/watch?v=S06oMxdt40A>

[BURMA - Burmese Buddhist Nuns - YouTube.url](http://video.google.com/videoplay?docid=2540044654928851236&q=Burmese+buddhist+monk&total=180&start=20&num=10&so=0&type=search&plindex=2)

[BURMA - Kyaiktiyo Pagoda (Golden Rock) Myanmar - YouTube.url](http://video.google.com/videoplay?docid=7872495495491824699&q=buddha+relic&total=120&start=0&num=10&so=0&type=search&plindex=3)

[BURMA - Myanmar monk uprising first minutes of clip - YouTube.url](http://video.google.com/videoplay?docid=5200546425519799250&q=Burmese+buddhist+monk&total=180&start=0&num=10&so=0&type=search&plindex=0)

[CENTRAL ASIA - Dunhuang photos.url](http://rolfgross.dreamhosters.com/China-Web/Dunhuang.htm)

[CENTRAL ASIA - Wall Paintings at Mogao Grottoes Conservation - pictures.url](http://www.getty.edu/conservation/field_projects/mogao/)

[INDIA - Ambedkar - Punjab Buddhist Society.url](http://punjabbuddhistsociety.com/history.html)

[INDIA - Ambedkar - The Buddha and His Dhamma - full book.url](http://www.columbia.edu/itc/mealac/pritchett/00ambedkar/ambedkar_buddha/)

[INDIA - Ambedkar 1 hour biographical movie.url](http://video.google.com/videoplay?docid=-2727847584094201457&hl=en)

[INDIA - Ambedkar Arising Light short film trailer.url](http://video.google.com/videoplay?docid=-8424502071169408784&q=Ambedkar&total=150&start=0&num=10&so=0&type=search&plindex=2)

[INDIA - Short Ambedkar film song photos - YouTube.url](http://video.google.com/videoplay?docid=8606905011376653111&q=ambedkar&total=120&start=60&num=10&so=0&type=search&plindex=5)

[JBE Online Books - Buddhism Online Faculty.url](http://www.jbeonlinebooks.org/buddhism/buddhism-online-faculty/)

[NEPAL - Janabaha-dya Jatra festival - YouTube.url](http://video.google.com/videoplay?docid=-8201954739244848290&q=Newar+Buddhist&total=4&start=0&num=10&so=0&type=search&plindex=0)

[NEPAL - Kumari goddess - YouTube.url](http://video.google.com/videoplay?docid=-2974781309954926648&q=kumari+nepal&total=149&start=20&num=10&so=0&type=search&plindex=2)

[NEPAL - Samyek Festival in Kathmandu - YouTube.url](http://video.google.com/videoplay?docid=-2811037182589245964)

[SRI LANKA - Pirith ritual - YouTube.url](http://video.google.com/videoplay?docid=2865866138290467946&q=pirith&total=12&start=10&num=10&so=0&type=search&plindex=0)

[THAILAND - Buddhist relic collection in Bangkok - YouTube.url](http://video.google.com/videoplay?docid=-2788834342252935123&q=buddha+relic&total=120&start=0&num=10&so=0&type=search&plindex=6)

[THAILAND - Interview With Thai Monk - YouTube.url](http://video.google.com/videoplay?docid=6798122606168739998&q=thai+buddhist+monk&total=210&start=0&num=10&so=0&type=search&plindex=4)

[THAILAND - pictures & music from Chiang Mai city - YouTube.url](http://video.google.com/videoplay?docid=1183730107823071941&q=chiang+mai&total=2892&start=0&num=10&so=0&type=search&plindex=0)

[THAILAND - Rocket Festival, Isaan, Thailand - YouTube.url](http://video.google.com/videoplay?docid=2818724247131334603&q=rocket+festival&total=262&start=0&num=10&so=0&type=search&plindex=1)

[THAILAND - Thai Bhikkhuni Dhammananda - Al Jazeera.url](http://video.google.com/videoplay?docid=-7148951848095188469&q=Thai+Buddhist+nun&total=5&start=0&num=10&so=0&type=search&plindex=0)

[THAILAND - Thai monks begging food - YouTube.url](http://video.google.com/videoplay?docid=2302596358695798487&q=thai+buddhist+monk&total=210&start=0&num=10&so=0&type=search&plindex=0)

[THERAVADA - Bhikkhu Patimokkha.url](http://www.accesstoinsight.org/tipitaka/vin/sv/bhikkhu-pati.html#pr)

[THERAVADA - Bhikkhunī Pāṭimokkha.url](http://www.accesstoinsight.org/tipitaka/vin/sv/bhikkhuni-pati.html)

[THERAVADA - modern detailed Pratimoksha commentary.url](http://www.accesstoinsight.org/lib/authors/thanissaro/bmc1/bmc1.intro.html)

[THERAVADA - SN 56.11 Dhammacakkappavattana Sutta Harvey Translation.url](http://www.accesstoinsight.org/tipitaka/sn/sn56/sn56.011.harv.html)

[THERAVADA - SN 56.11 Dhammacakkappavattana Sutta.url](http://www.accesstoinsight.org/tipitaka/sn/sn56/sn56.011.than.html)

[TIBET - The Yogis of Tibet - film clips with trulkhor yoga.url](http://www.theyogisoftibet.com/)

[USA - American Buddhism Bibliography.url](http://www.globalbuddhism.org/bib-ambu.htm)

[USA - bell hooks - Communion The Female Search for Love.url](http://video.google.com/videoplay?docid=2901073323355032122&q=bell+hooks+-+%22Communion%3A+The+Female+Search+for+Love%22&total=2&start=0&num=10&so=0&type=search&plindex=0&hl=en)

[USA - Films about Buddhism.url](http://www.dromtonpa.org/avi.html)

[USA bell hooks 1 key note speaker - YouTube.url](http://video.google.com/videoplay?docid=-7640897048778652658&q=bell+hooks&total=80&start=20&num=10&so=0&type=search&plindex=8&hl=en)

[001 YouTube - A Morning in Dharamsala.url](http://www.youtube.com/watch?v=TODFi5JLHK0)

[002 YouTube - Dharamsala Tibet's Last Stand.url](http://www.youtube.com/watch?v=L3-Q68ODpRc&feature=related)

[003 Dreyfus Shuk-Den Affair article.url](http://www.tibet.com/dholgyal/shugden-origins.html)

[003 Tibet - Cry of the Snow Lion.url](http://video.google.com/videoplay?docid=6538297962102766026)

[004 Lion's Roar 16th Karmapa (trailer).url](http://www.youtube.com/watch?v=iYNuO1YhaIc)

[005 Drukpa Kagyu The Dragon Magazine.url](http://www.drukpa.com/EN/products/thedragon/EN-TD0711/EN-TD0711.htm)

[006 Drigung Phowa Chenmo Bodhgaya photos.url](http://web.mac.com/susansdeastris/iWeb/NII-Photos/B-Phowa-P.html)

[007 Drikung Kagyu Institute Dehra Dun.url](http://www.dkinstitute.org/index.php?option=com_expose&Itemid=152)

[008 Tsering Shakya lecture on Tibetan history.url](http://www.tibetlink.com/index.php?option=com_content&task=view&id=670&Itemid=132)

[009 Modern Tibetan Art - Waves on the Turquoise Lake.url](http://www.asianart.com/exhibitions/waves/index.html)

[009 Sky Burial YouTube.url](http://video.google.com/videoplay?docid=4953384725370756540)

[010 Sakya Monastery slideshow.url](http://video.google.com/videoplay?docid=-3597576734184676244&q=sakya+monastery+tibet&total=28&start=10&num=10&so=0&type=search&plindex=4)

[011 41. Sakya Trizin.url](http://video.google.com/videoplay?docid=-2392752945937060041&q=sakya+trizin&total=32&start=0&num=10&so=0&type=search&plindex=0)

[012 Jigdal Dagchen Sakya.url](http://video.google.com/videoplay?docid=5835738939211278103&total=85&start=10&num=10&so=0&type=search&plindex=1)

[013 Dezhung Rinpoche photo.url](http://www.simhas.org/files/lamaanddezhung.jpg)

[014 Sakya  College  Pictures.url](http://sakyaonline.tripod.com/Picollege.htm)

[015 Sakya Chogye Trichen.url](http://www.sakya.net/html/gurus.html)

[016 Chogye Trichen Rinpoche.url](http://www.chogyetrichen.com/English/he/index.html)

[017 Lumbini Sakya Tharpa Ling.url](http://www.sakya.org.au/photos/photos_pilgrimage_11.html)

[018 Sakya Luding Khenchen.url](http://www.kbi.com.au/cgi-bin/engine.pl?Page=page.html&Rec=10)

[019 Tharlam Monastery Kathmandu.url](http://tibetanfoundation.org/projects/tharlamMonastery.php)

[020 Khenpo Jigme Phuntsok.url](http://video.google.com/videoplay?docid=1585664307162137752&q=jigme+phuntsok&total=4&start=0&num=10&so=0&type=search&plindex=2)

[021 Khenchen Jikphun Drops of Advice from My Heart.url](http://www.lotsawahouse.org/heartdrops.html)

[022 Guru Rinpoche Padmasambhava.url](http://video.google.com/videoplay?docid=-4420661859036345321&q=padmasambhava&total=57&start=0&num=10&so=0&type=search&plindex=0)

[023 Rangjung Institute.url](http://www.shedra.org/)

[024 Dilgo Khyentse Rinpoche 2-5.url](http://video.google.com/videoplay?docid=-1578246563563575149&q=Dilgo+Khyentse&total=33&start=0&num=10&so=0&type=search&plindex=1)

[025 Dilgo Khyentse Rinpoche 1-5.url](http://video.google.com/videoplay?docid=-1578246563563575149)

[026 Tibet protest 2008 - Channel 4.url](http://www.youtube.com/watch?v=ScdLFk0kx-8)

[027 Amdo mountains and lakes song.url](http://www.youtube.com/watch?v=DCsiVxwXZVg&feature=related)

[028 Amdo singer Sha Yi Mo Shey.url](http://www.youtube.com/watch?v=oGQXWFZ79W4)

[029 Glu-rol Festival in Langjia Village.url](http://www.youtube.com/watch?v=buoM0IZlu1o&feature=related)

[030 Rebkong The Lhawa and the Comedians.url](http://www.youtube.com/watch?v=hIyZyAJowYI)

[031 Menri Bonpo monastery Dolanji recitation.url](http://www.youtube.com/watch?v=joMDaj7CjiA)

[032 Tendzin Wangyal video.url](http://www.youtube.com/watch?v=1J0xFTsxch4)

[033 Namkhai Norbu on thoughts, Dzogchen and Self-Liberation.url](http://video.google.com/videoplay?docid=5798835341907878108&q=Namkhai+Norbu&total=5&start=0&num=10&so=0&type=search&plindex=0)

[034 tibetan yoga.url](http://video.google.com/videoplay?docid=2913460431364616942&q=tibetan+yoga&total=193&start=0&num=10&so=0&type=search&plindex=0)

[035 t r u t h o u t - Tibet Under Siege.url](http://www.truthout.org/TibetUnderSiege.shtml)

[036 NPR Shamanism Endures in an Evolving Mongolia .url](http://www.npr.org/templates/story/story.php?storyId=4187411)

[036 The Face of the Shaman.url](http://homelands.org/worlds/shaman.html)

[037 Dolji Kandro Suren Mongolia.url](http://www.youtube.com/watch?v=eKzXY3HNZsU)

[038 Buddhism Rebounds in Mongolia - AOL Video.url](http://video.aol.com/video-detail/buddhism-rebounds-in-mongolia/3703702698)

[039 Bhutan Gross National Happiness 17 min.url](http://www.youtube.com/watch?v=CXJwNSkdTH0)

[040 Bhutan elections.url](http://video.on.nytimes.com/?fr_story=63368ca85ad3901e7659af522bfa286228ff08d4)

[041 Stupas of Kathmandu.url](http://www.artmoment.com/kailasyatra/Stupas.shtml)

[042 Matsyendranath Janabahadyo Jatra explanation.url](http://www.southasianmedia.net/cnn.cfm?id=374470&category=Religion&Country=NEPAL)

[043 Samyek or Dipamkara festival explanation.url](http://www.buddhanet.idv.tw/board12/see.asp?oneid=2188&passed=&upd=1&sql1=)

[044 Kumari documentary 15 min.url](http://www.youtube.com/watch?v=lxCbhJve6Ks)

[045 Khumbu tourist trekking 8 min.url](http://video.google.com/videoplay?docid=3239252615549751656&q=Tengboche&total=29&start=10&num=10&so=0&type=search&plindex=7)

[046 Mani Rimdu dances Khumbu Nepal 5 min.url](http://video.google.com/videoplay?docid=-7581447578939035052&q=mani+rimdu&total=8&start=0&num=10&so=0&type=search&plindex=0)

[Chogyam Trungpa Interview.url](http://video.google.com/videoplay?docid=-8039940301908054896&q=chogyam+Trungpa&total=72&start=0&num=10&so=0&type=search&plindex=1)

[The Lion's Roar - Kalu 6-06.url](http://video.google.com/videoplay?docid=-8537859267437172601&q=kalu+rinpoche&total=2&start=0&num=10&so=0&type=search&plindex=1)

The Ghost Festival in Taiwan:

<http://www.youtube.com/watch?v=RzxQDHm5ozQ&feature=related>

Burmese Shinbyu Procession:

<http://www.youtube.com/watch?v=1E-oqYkQO-E>

Tsem Tulku Rinpoche teaches prostration:

<http://www.youtube.com/watch?v=fbMFtzTGgkE>

1000 armed Avalokiteshvara dance, “just because it's beautiful”:

<http://www.youtube.com/watch?v=OE-jPFqvUTo>